



Lotus
Academy

**Preparation for
Adulthood Curriculum
Learning for Life**



Preparation for Adulthood Overview

Intent

To prepare pupils for adulthood by developing **communication, independence, resilience, safety awareness, healthy lifestyles, positive relationships, and employability skills** through practical, real-life learning experiences.

Implementation

Through a progressive programme of **community learning, enrichment opportunities, careers education, life skills, wellbeing activities, and preparation for adulthood**, with learning reinforced through repetition, real-world application and supported independence.



Preparation for adulthood LTP

Lower P4A	Being safe in our community			Swimming		
Year 7/8 – P4A	New experiences and team building	Careers and Enterprise	Difference, diversity and respect	Independence and knife crime?	Environment and safety	Healthy lifestyles and independence
Year 9 – P4A	New experiences and team building	Careers and Enterprise	Difference, diversity and respect	Independence and knife crime?	Environment and safety	Healthy lifestyles and independence
Y10/11 – P4A	Post-16 planning	Careers and Enterprise	Difference, diversity and respect	Independent living and knife crime?	Environment and safety	Healthy lifestyles